## GOOD MORNING

WE HOPE YOU HAD A GOOD NIGHT'S SLEEP. GET YOUR DAY OFF TO A HEALTHY START WITH OUR BREAKFAST.

ALL DISHES ARE LACTOSE-FREE AND FREE OF REFINED SUGAR PLANT-BASED ALTERNATIVES TO COW'S MILK ARE ALSO AVAILABLE, AS ARE HOMEMADE VEGAN AND VEGETARIAN SPREADS FOR BREAD. GLUTEN-FREE OPTIONS ARE ALSO AVAILABLE ON REQUEST.

SUSTAINABLY WORKING WITH LOCAL PRODUCE IS NOT THE EXCEPTION FOR US, BUT THE RULE

## BEVERAGES

FILTER COFFEE AND COFFEE SPECIALITIES FROM THE ROASTING HOUSE SCHVARZ ALSO WITH OAT \& ALMOND DRINK

JUG OF TEA, FRESH GINGER TEA, HOT CHOCOLATE

ORANGEJUICE, GRAPEFRUITJUICE, CLOUDY APPLE JUICE,
MELON-SEA BUCKTHORN SMOOTHIE*

## F R I T Z's FRAU FRANZI

## FOOD

ROASTED TURKEY BREAST, AIR-DRIED ITALIAN SALAMI, SERRANO HAM

BRIE, GOUDA, EMMENTAL, FETA, BUFFALO MOZZARELLA, CREAM CHEESE*

OLIVES,
RAW VEGETABLES, TOMATOES, BOILED EGGS

BELL PEPPER TOMATO SPREAD* VEGAN

GREEKYOGHURTLACTOSE-FREE, CHIA CUSTARD, FRESH FRUITS,

COCONUT YOGHURT UPON REQUEST

NUTMUESLI*, COCONUTMUESLI*,
OVERNIGHT-OATS* HANDCRAFTEDIN OUR OWN MUESLI MANUFACTURE

JAMS, HONEY, HAZELNUT SPREAD*

BREAD \& ROLLS, CROISSANT

FRITZ'S FRAU FRANZI FOR TAKE AWAY

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MUESLI 400 GR
    11,90
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OVERNIGHT-OATS 4OO GR
9,90

